MARCH 2024 Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 7:00 Morning Refresh (S) 10:30 Fitness Friday (ER) 2:00 March word Searches (A) **4:30 Music w/ Jillian West (A)** 7:00 Watch 7News (S)	2 7:00 Morning Refresh (S) 10:30 Candy Bingo (A) 4:30 Movie (S) 7:00 Watch 7News (S)
3 7:00 Morning Refresh (S) 10:30 Church on Big Screen (A) 4:30 Activity Basket (S) 7:00 Watch 7News (S)	4 7:00 Morning Refresh (S) 10:30 Leprechaun Craft (A) **2:00 Music w/ Mark(A)** 4:30 Sunroom Music on Radio (S) 7:00 Watch 7News (S)	5 7:00 Morning Refresh (S) 9:00 Silver Sneaker Exercise w/ April (ER) 2:00 Bingo (A) 4:30 Reading Time (S) 7:00 Watch 7News (S)	6 7:00 Morning Refresh (S) **10:30 Art4Life Activity (A)** 2:00 National Oreo Day Activity (A) 4:30 Sunroom Music on Radio (S) 7:00 Watch 7News (S)	7 7:00 Morning Refresh (S) **10:30 Morning Devotion w/ Chaplain Ashley (A)** 2:00 Bingo (A) 4:30 Let's Read (S) 7:00 Watch 7News (S)	8 7:00 Morning Refresh (S) 10:30 Noodle Ball Exercise (ER) **2:00 Music w/ Dana Bergman (A)** 4:30 Sunroom Music on Radio (S) 7:00 Watch 7News (S)	9 7:00 Morning Refresh (S) 1:1 Activity Basket 4:00 Puzzle Time (S) 7:00 Watch 7News (S)
10 7:00 Morning Refresh (S) 1:1 Activities @ Nurses Station 4:00 Movie and Snack (S) 7:00 Watch 7News (S) Ramadan Begins Daylight Saving Time Begins	11 7:00 Morning Refresh (S) 10:30 Musical Exercise (ER) 2:00 Leprechaun Craft 4:30 Puzzle Corner (S) 7:00 Watch 7News (S)	12 7:00 Morning Refresh (S) 10:30 National Plant A Flower Day (A) 2:00 Bingo (A) 4:30 IN2L Games (S) 7:00 Watch 7News (S)	13 7:00 Morning Refresh (S) **10:30 Art4Life Activity (A)** 2:00 Manicures and Beautification (A) 4:30 IN2L music (S) 7:00 Watch 7News (S)	14 7:00 Morning Refresh (S) **10:30 Morning Devotion w/ Chaplain Ashley (A)** 2:00 Bingo (A) 4:30 Sunroom Music on Radio (S) 7:00 Watch 7News (S)	15 "Wear Green" 7:00 Morning Refresh (S) 10:30 St. Patrick's Day Social (A) 2:00 1:1s with Staff (A) 4:30 IN2L Fun (S) 7:00 Watch 7News (S)	16 7:00 Morning Refresh (S) 10:30 St. Patrick's Craft (A) 4:30 Word Searches (S) 7:00 Watch 7News (S)
17 "Wear Green" 7:00 Morning Refresh (S) 10:30 Church on Big Screen (A) 4:30 St. Patrick Coloring Activity (S) 7:00 Watch 7News (S) St. Patrick's Day	18 7:00 Morning Grooming (S) 10:30 Let's Decorate Wooden Eggs (A) 2:00 Lemonade Hydration (LE) 4:30 Sunroom Music on Radio (S) 7:00 Watch 7News (S)	19 7:00 Morning Refresh (S) 9:00 Silver Sneaker Exercise w/ April (ER) **10:30 Wayne Casasanta Musical Performer (A)** 2:00 Bingo (A) 4:30 Reading Time(S) 7:00 Watch 7News (S) Spring Begins	20 7:00 Morning Refresh (S) **10:30 Art4Life Activity (A)** **1:00 Trip to High Point Academy Play** **2:00 Magnificent So-So's Musical Performance (A)** 4:30 Front Porch Hydration (S) 7:00 Watch 7News (S)	21 7:00 Morning Refresh (S) **10:00 Palm Service w/ Chaplain Ashley (A)** 2:00 Bingo (A) 4:30 Let's Read (S) 7:00 Watch 7News (S)	22 7:00 Morning Refresh (S) **10:30 Resident Council (A)** 2:00 Lady Bug Activity (A) 4:30 Sunroom Music on Radio (S) 7:00 Watch 7News (S)	23 7:00 Morning Refresh (S) **2:00 First Baptist North Spbg (A)** 4:00 St. Patty's Hydration (S) 7:00 Watch 7News (S) Purim Begins
24 7:00 Morning Refresh (S) 10:30 Church on Big Screen (A) 4:30 Easter Activity Basket (S) 7:00 Watch 7News (S) Palm Sunday	25 7:00 Morning Grooming (S) **10:00 Benny Gandy Musical Performer (A)** 2:00 Spring Craft (A) 4:30 Puzzle Corner (S) 7:00 Watch 7News (S)	26 7:00 Morning Refresh (S) **10:00 "Define Gravity" workshop w/ Therapy (ER)** 2:00 Bingo (A) 4:30 Bird Watching (S) 7:00 Watch 7News (S)	27 7:00 Morning Refresh (S) **10:30 Art4Life Activity (A)** 2:00 Spring Food Flower Craft (A) 4:30 Blooming Flowers (S) 7:00 Watch 7News (S)	28 7:00 Morning Refresh (S) **10:30 Let' Dye Easter Eggs (A)** 2:00 Bingo (A) 4:30 Front Porch Chats (S) 7:00 Watch 7News (S)	29 7:00 Morning Refresh (S) 10:00 Easter Egg Hunt (A) **2:00 March B-Day Celebration (A)** 4:30 Cupcakes Anyone? (LE) 7:00 Watch 7News (S)	30 7:00 Morning Refresh (S) 1:1 Activity Basket 4:00 Music Therapy (S) 7:00 Watch 7News (S)
31 7:00 Morning Refresh (S) 10:00 Morning Hydration 4:00 Front Porch Visits (S) 7:00 Watch 7News (S) Easter Sunday	**Daily Activities** **8:00am-Morning Breakfast and dining room music** **9:30 Radio and Relaxation** **12:00am- Lunch and dining room music** **1:00pm- Hymns and Daily Devotions** **5:00pm- Dinner and dining room music** **6:30pm- Evening Refresh** **8:00- Evening Snack and socialize**					

(A) Atrium, (LE) Life Enrichment, (OL) Overlook Pointe, (OV) Orchard View, (S) Staff, (ER) Exercise Room, (IN2L) It's Never Too Late program **All Activities and Times are Subject to Change